

THHS

COMPETITION CHEER

Information Meeting



Our Team

- All grade levels & tryouts open to the entire school
- Academic eligibility requirement is 2.0
- **No skill** requirement to tryout
- # of athletes on the team and division will be determined by skills presented at tryouts and where the team will be most successful on the scoresheet
- No “seniority” in competition cheer, strongest skills and who brings what is needed for the team takes precedence over grade level or returner/newbie
- **CIF Sport** – athletes will earn a letter for participating

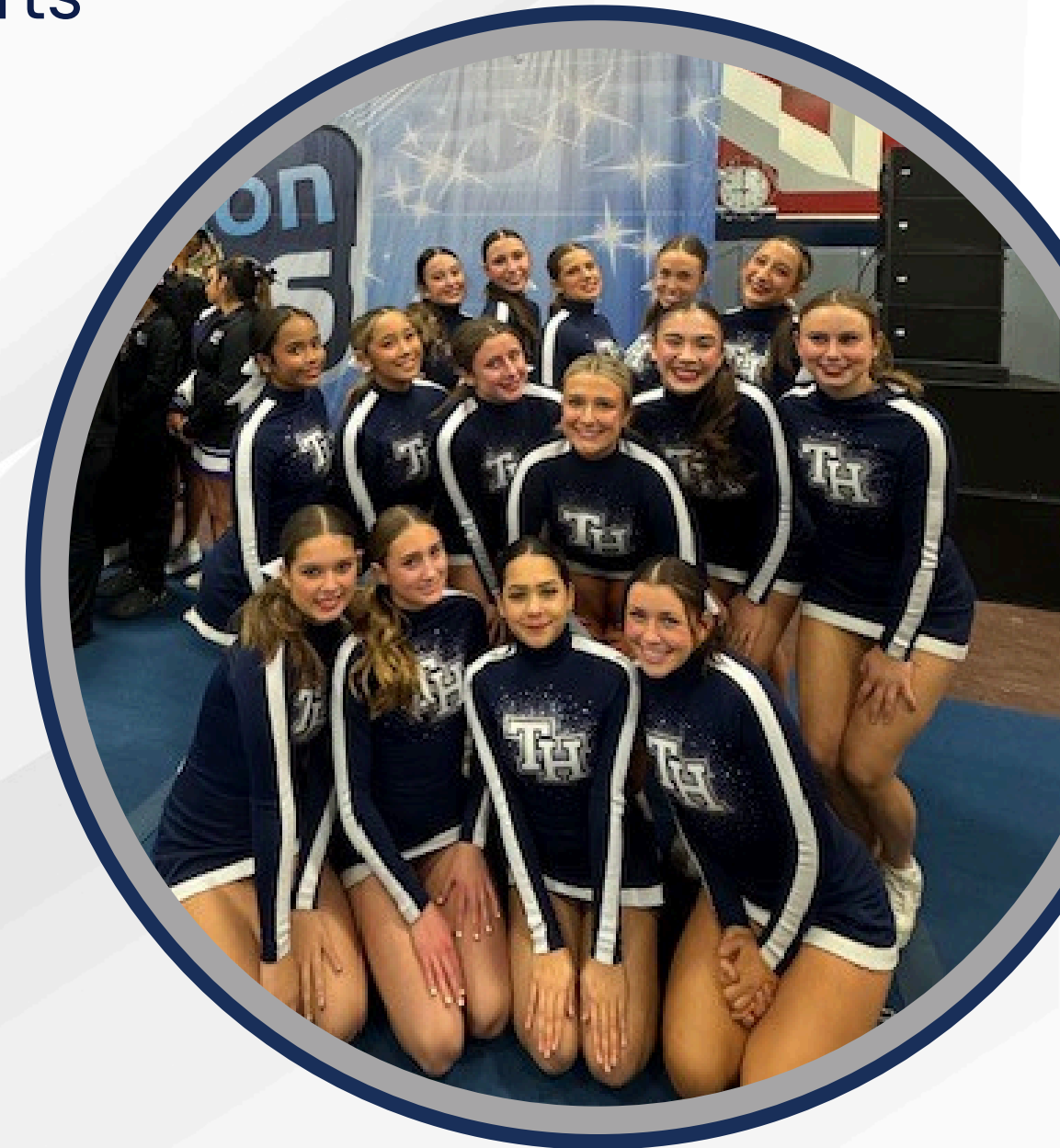


Tryouts

Friday, May 9 from 6:45–9 pm in the Main Gym

- **Attire:** Plain black, fitted tank top or t-shirt and plain black shorts
- **Shoes:** White cheer or athletic shoes
- **Hair:** High or low, slicked back pony

Tryouts are closed to athletes, coaches, and judges only



Tryouts

What to expect at tryouts

- Open practice type tryout
- Jumping to counts as a whole group
- Tumbling individually, in small groups, and in large groups
- Stunting, moving around positions and possibly learning new positions
- Learning choreography as a whole group
- Flyers will be asked to show bodylines in the air
- Tryouts are closed to the coaches, judges, and athletes only

When and how will the team be announced?

- Team announcement will be posted by tryout numbers via email, social media, and website by 12:00 pm on May 10



How we build our team

- Team division is formed from 2 categories, team size and difficulty category
- Size ranges from small to super
- Difficulty ranges from non-tumble to advanced

See grid below for Varsity Show Cheer division splits by team size:

Small Varsity Show Cheer	• 5 - 15 Members
Medium Varsity Show Cheer	• 16 - 19 Members
Large Varsity Show Cheer	• 20 - 23 Members
Super Varsity Show Cheer	• 24 - 36 Members



STUNT QUANTITY CHART

# OF ATHLETES	STUNT GROUPS NEEDED
8	1
9	1
10	1
11	1
12	2
13	2
14	2
15	2
16	3
17	3
18	3
19	3
20	4
21	4
22	4
23	4
24	5
25	5
26	5
27	5
28	6
29	6
30	6
31	6
32	7
33	7
34	7
35	7
36	7
37	7
38	7

TUMBLING QUANTITY CHART

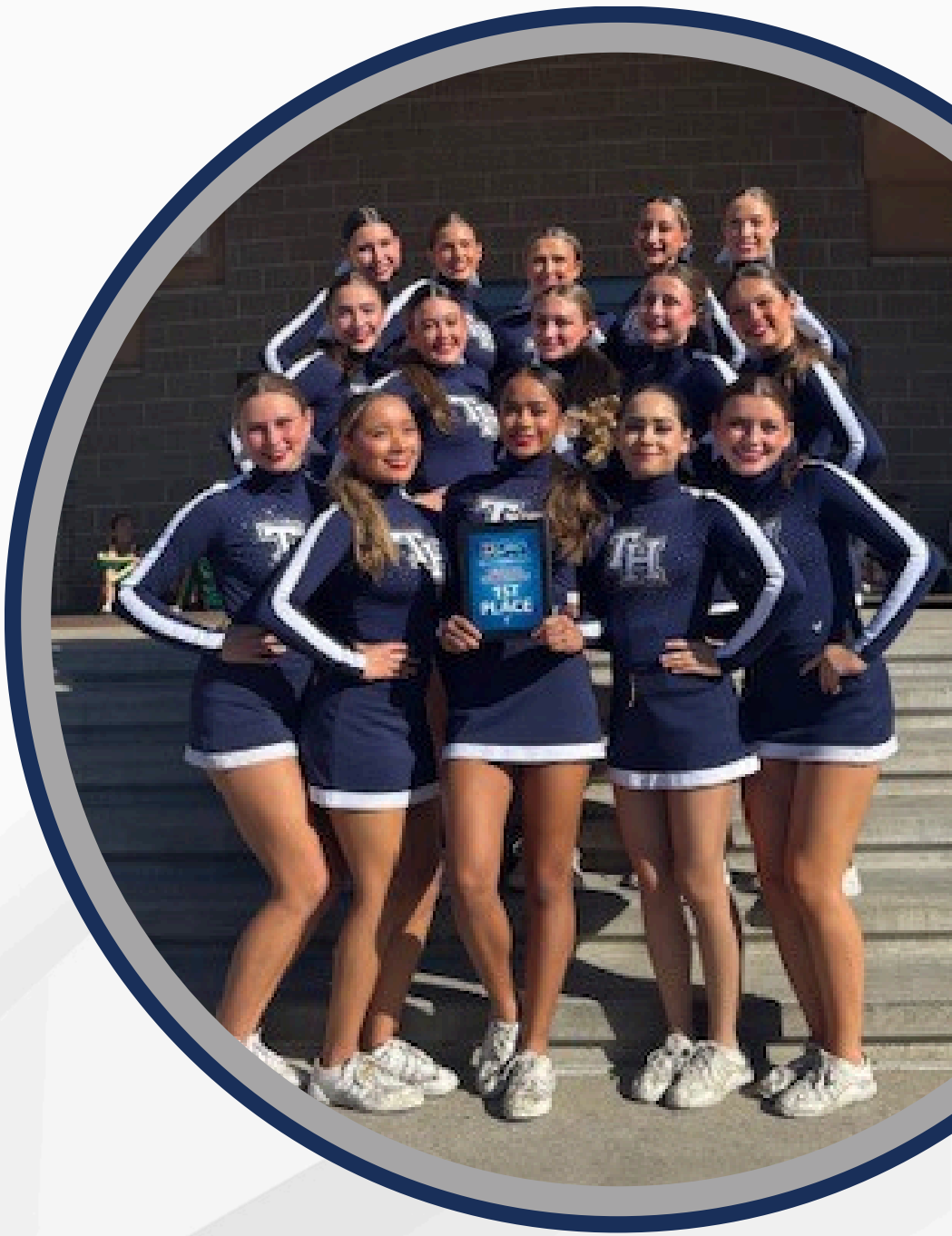
TUMBLING/JUMPS		
School-based		
	Tumbling	Jumps
Number of Athletes	50%	75%
8	4	6
9	5	7
10	5	8
11	6	8
12	6	9
13	7	10
14	7	11
15	8	11
16	8	12
17	9	13
18	9	14
19	10	14
20	10	15
21	11	16
22	11	17
23	12	17
24	12	18
25	13	19
26	13	20
27	14	20
28	14	21
29	15	22
30	15	23
31	16	23
32	16	24
33	17	25
34	17	26
35	18	26
36	18	27

Practice Schedule



Competition Schedule

Date	Competition	Location
12/6/25	USA Regional	University High School
1/10/26	USA Regional	Brea Olinda High School
1/17/2026	USA Regional	TBA
1/23/26 - 1/24/26	CIF-SS Championship	TBA
Feb 2026	THHS Pep Squad Showcase	THHS Gym
2/19/26-2/21/26 (Ski Week)	USA Nationals	Anaheim Convention Center



Fees

Due Date	Fee Description	Amount
May 16	Team Swag, Practice Shirt, Bow, Nationals Gifts	\$135
June 1	Choreo & Music	~ \$125
August 1	Regional Comp Fees & Props	~ \$120
September 1	Nationals Registration, 2 night hotel stay in Anaheim, team meals	~ \$650 <i>(may be reduced with fundraising activities)</i>

NEW COMP ATHLETES ONLY

September 15	Uniform – Paid directly to Varsity Spirit	New to comp, current Pep Squad - \$125 New to comp, not current Pep Squad - \$385
--------------	---	--

Fundraising

- All athletes and families are expected to participate or contribute to fundraising and will receive equal payout from our fundraisers.
- All fundraisers will be completed in summer. After all funds raised are collected, we will divide and apply to the team's fees equally.



Cards For A Cause

- \$30 for a box of 30 cards
- Variety of "boxes" you can chose from
- \$13/box back to the program!



Mini Comp

Summer Cheer Camp

- 2 or 3-day camp for grades K-8
- Performance on the last day
- T-shirt & snack included



Comp Cheer Car Wash

- Hosted at a local car wash
- Athletes work in shifts

Register for Tryouts



The future of Comp Cheer



Questions?

