



Trabuco Hills Pep Squad Contract

Criteria, Conduct, Selection Process, and Grading Scale

I. Members of the Squad:

- a. Varsity Cheer
 - Selected from the current Freshman, Sophomore and Junior classes
- b. Varsity Song
 - Selected from the current Eighth grade, Freshman, Sophomore, and Junior classes
- c. Junior Varsity Cheer and Junior Varsity Song
 - Selected from the current Eighth grade, Freshman, and Sophomore classes

II. Eligibility:

- a. Scholastic /Academic Requirement (pursuant to SVUSD Policy AR 6145.1)
 - The student must qualify for tryouts with an overall 2.0 G.P.A. based on the previous 3rd quarter/previous trimester grading period.
 - The student must maintain 2.0 or higher G.P.A. in order to remain eligible.
 - If the student does not maintain a 2.0 G.P.A. in the previous grading period, the student is ineligible to participate in extracurricular activities for the next grading period.
 - A grading period is one quarter.
 - If a student earns one F and their overall G.P.A. is a 2.0, the student will remain eligible. A student who earns two F's in one grading period is ineligible.
 - Students may NOT exercise the option of a probationary period in order to qualify for the selection process. A student may, however, request to utilize the probationary rule during their term if they become ineligible and do not have more than one U in citizenship standard. Failure to meet the G.P.A. standards in subsequent regular grading periods will result in disqualification for the remainder of the term.
 - Grades will be checked through each school's guidance department.
- b. Citizenship Eligibility:
 - Any student who receives two or more U's in Citizenship in any grading period is ineligible.
- c. Residency/School Choice:
 - Students must qualify for tryouts with proof of residency and/or prior SVUSD approval for Schools Choice.
- d. Athletic Clearance:
 - Pep Squad members must meet the athletic clearance requirements.

III. Uniforms/Appearance Guidelines:

- a. Uniforms shall be worn for all functions at which the Pep Squad member are performing and during the school day of such performances. Failure to do so will affect the Pep Squad member's grade.
- b. No jewelry while in uniform. This also includes designated practice clothes.

- c. Nails may not be excessive in length or pointy, due to safety concerns. They will be permitted the day before school dances, however, they are required to be removed before the next practice.
- d. Tattoos that are visible while in uniform or practice wear are not permitted.
- e. All piercings (nose, ears, belly button, etc.) must be removed or filled with a clear, plastic plug while stunting at practice and at all times in uniform.
- f. Unnatural hair colors are not permitted.

IV. Transportation Requirements:

- a. All athletes are required to take the designated bus to and from all events. In case of extenuating circumstances, a Pep Squad member may ride home with their own parents if advance permission is obtained by the Advisor and the Assistant Principal of Athletics.
- b. Unsportsmanlike conduct on any bus is prohibited. Any infraction will result in disciplinary measures determined by the Advisor.

V. Attendance:

- a. A Pep Squad member must attend a minimum of 4 classes on the day of an activity in order to participate (SVUSD AR 6145.1).
- b. A Pep Squad member shall attend all practices and athletic functions scheduled by the Advisor/Coaches. Absences occurring prior to a performance may result in the removal of the participant from the game/performance, pending extenuating circumstances.
- c. Absences from school must go through Attendance. Please contact the Advisor/Coach if athletes are missing school on a game day and if they will be missing that game.
- d. Advisor/Coach can decide if a Pep Squad member's excused absence will be detrimental to the team's performance and remove them from the routine.
- e. During a suspension, a Pep Squad member shall attend all functions, but will not participate.

VI. Conduct:

- a. Athletes are observed in many areas of school and community life. An athlete always represents their team. Therefore, it is important that their attitude and behavior, both at school and in the community, be above reproach so that it will bring respect to them, the team, and the school. The following are the primary responsibilities and standards of all athletes:
 - To remember that participation is a privilege and not a right: as such, the privilege may be revoked if the athlete does not abide by the athletic code and follow school and district policies.
 - Any conduct by an athlete which brings discredit to themselves, the team or the school is not acceptable, and may be grounds for suspension of athletic privileges. The athlete may ask the review board to review the case if there are extenuating circumstances. Acts that discredit the athlete, team and school are, but not limited to the following:
 1. Misbehavior*
 2. Use of alcohol, drugs, tobacco
 3. Student convicted of a crime
 4. Acts of violence/vandalism
 5. School related problems of a disciplinary nature
 6. Note: students on school suspension are automatically ineligible to participate in, or attend, any school extracurricular activity.

*Misbehavior includes foul language, reference to alcohol or drugs and inappropriate pictures or comments regarding sexual activity posted on the internet/social media.

- b. A Pep Squad member shall not smoke, use drugs, drink alcoholic beverages, use unbecoming language, or exhibit bad sportsmanship.
- c. Any student of the SVUSD for whom there is reasonable cause to suspect the possession or use of alcohol, drugs/narcotics, anabolic steroids OR for whom there is reasonable cause to suspect the selling or furnishing of alcohol, drugs/narcotics, anabolic steroids, shall be immediately suspended from school and all school activities pending the outcome of an investigation, and shall be referred to the Expulsion Hearing Panel which will hold a hearing to determine if grounds for expulsion exist. If grounds for expulsion exist, the Board of Education will review the findings of the Panel and decide as to expulsion (B.P. 5131.6).
- d. Pep Squad responsibilities:
 - A Pep Squad member shall not bring food, drink, or gum onto the track/field or floor during a game or performance. Water is permitted at the games.
 - A Pep Squad member may not engage in extensive conversations during a game or exhibit disruptive behavior. They may be asked to sit out if they do so.
 - A Pep Squad member shall uphold all general school rules and the rules governing conduct at interscholastic athletic events.
 - A Pep Squad member shall follow all League and CIF rules.
 - A Pep Squad member will sign and adhere to the Athletic Code of Conduct.
- e. Any act of misconduct will result in disciplinary measures decided on by the Advisor and/or Administration which may result in removal from the squad.

VII. Financial Responsibility:

- a. The Pep Squad Program, including coaches stipends, is 100% funded through the parent funded Booster Club. All contributions are non-refundable.
- b. Participation in fundraising is crucial to the success of the program and help to offset costs.
- c. We are a 501(c)(3) organization, all contributions are tax-deductible.

VIII. Time Commitment:

- a. Enrollment in 0 Period Pep Squad class, for both semesters, is mandatory for Trabuco Hills High School.
- b. Members participating in any on campus sport or off campus activity, in addition to Trabuco Hills Pep Squad, could possibly be presented with some time conflicts, which may affect the athlete's grade.
- c. Extra-curricular activities do not constitute excused absences.
- d. Every effort will be made to provide adequate notice for mandatory events.
- e. Summer school is an excused absence during summer practices if the class(es) is/are required to graduate.
- f. We will observe two consecutive weeks off for the CIF mandated dead period and two week-long vacation breaks in the summer.
- g. Time commitment may, at times, require up to 15-20 hours per week.
- h. Assigned attendance at all events is mandatory, except for illness cleared by a doctor/medical professional, or a family emergency.
- i. Pep Squad members are required to promote school spirit at rallies, assemblies and assigned community events.
- j. Graduating Senior Pep Squad members must assist with clinics and tryouts for the following season.

- k. Pep Squad members will adhere to assigned call times as instructed by the Advisor/Coach.
- l. The term of membership for all Pep Squad members is from the date of selection to the end of the following school year. It is a year-long commitment.
- m. If a Pep Squad member quits or transfers schools, she is ineligible to receive athletic awards and unable to attend the awards banquet.

IX. Grading Scale:

- a. Pep Squad members earn credit for PE through their participation on Pep Squad being enrolled in their 0 Period class. Thus, they are held accountable to the standards set forth by the Physical Education Department. All members begin each semester with 100 points. They start with an A, and they can easily keep their A, or lose their A, by adhering to the rules and policies outlined below:
 - Tardies or leaving early: -1 point
 - Not wearing proper practice clothes or shoes: -1 point
 - Wearing jewelry while stunting: -1 point
 - Excessively long or sharp nails: -2 points
 - Not wearing assigned uniforms on game/performance days (throughout the entire day): -2 points
 - Missing a game for an unexcused reason: -7 points
 - Defiant/disruptive/disrespectful behavior: -7 points and will also include parent contact and possible removal from next Pep Squad performance
 - Inappropriate behavior online/social media: -10 points and will also include parent contact and possible removal from next Pep Squad performance

There will be opportunities to make up points throughout the year.

Bullying will not be tolerated. We will have a zero-tolerance policy and all parties involved will be required to meet with the Advisor, Coaching Staff and Administration for possible immediate removal.

The signature of a parent and participant on the consent form/contract signifies that you are willing and able to meet the requirements and responsibilities stated in the contract. Trabuco Hills Pep Squad members will be expected to adhere to this contract and retain this packet for future reference.